## OPERATION SUPPLEMENT SAFETY



Thank you for helping Operation Supplement Safety (OPSS) celebrate our 10-year anniversary by participating in the "Let's Talk Dietary Supplements" social media campaign. We are overwhelmed by the outpouring of support from our friends and partners who shared <u>video testimonies</u> on why supplement safety is so important.

As we wrap up our campaign, OPSS wants to emphasize that the conversation around supplement safety does not end here. Continue the conversation by sharing tools and resources from trusted organizations such as OPSS, Office of Dietary Supplements, Food and Drug Administration (FDA), and more.

### **HIGHLIGHTS**

**HIGHLIGHT 1:** 

USUHS PRESIDENT DR. WOODSON JOINED THE CAMPAIGN



Dr. Jonathan Woodson, President of the <u>Uniformed Services University of the Health Sciences</u>, talks about how, after 10 years, OPSS continues its mission to educate Service Members with accurate, military-relevant information.

#### **HIGHLIGHT 2:**

#### **PARTNER POSTS**



U.S. Army Public Health Center shared that Service Members are prohibited from using dietary supplement ingredients on the DoD Prohibited List.



NIH Office of Dietary Supplements (ODS) gave OPSS a shout-out on its new LinkedIn page and encouraged Service Members to participate in our social media campaign.



Dr. Cara Welch, Director of Office of Dietary Supplement Programs at the <u>U.S.</u> Food & <u>Drug Administration</u> (FDA), shares why supplement-safety education is so important.

#### **HIGHLIGHT 3:**

# DOD FOOD, NUTRITION, DIETARY SUPPLEMENTS AND OTHER SELF-CARE PRODUCTS SUBCOMMITTEES MEETING



Say cheese! The OPSS team was hard at work discussing dietary supplements at the DoD Food, Nutrition, Dietary Supplements and Other Self-Care Products Subcommittees meeting last week.

Photo 1: LTC Tanisha Currie, Dr. Patty Deuster, MAJ Julianna Jayne, Andrea Lindsey, and LTC Aaron Crombie. Photo 2: J. Russell Linderman, Deb Robinson, Dr. Jonathan Scott, Tiffany Taylor, Andrea Lindsey, Dr. Patty Deuster, Lindsay Vander Molen, Gloria Park, Michael Mulry, Maria McConville, and Katie Kirkpatrick

## **QUESTIONS?**

EMAIL OPSSNEWS@USUHS.EDU













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